

Vita Members Times

Volume 1 Issue 3

June 2013

Do YOU have any stories or art work you would like to share in the newsletter? We would love to hear from you.

Contact us at:
VitaMemberTimes@vitacsls.org



Inside this issue:

Michael and I 1

By: Nancy Lalli

Update from Right's 2

My Tower of Blocks 3

By: Jason Soroka

Camp Handi 4

By:
Courtney Burns

Kim's update 5

Word Search 6

Michael and I

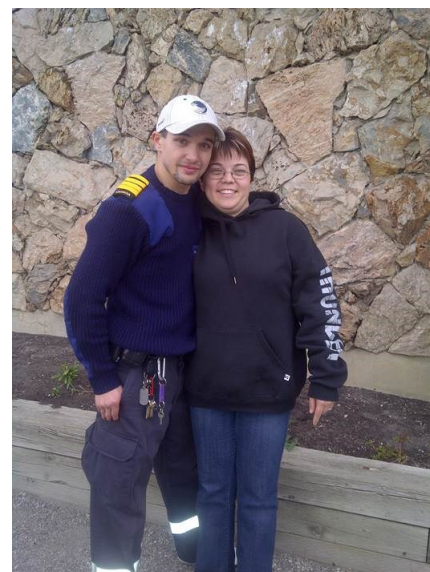
A year ago I attended the Vita Christmas Party at Villa Columbo. At the party I talked with all my friends and met some new friends. One of those new friends I met was Michael Goldberg. Michael was so friendly and he made me laugh. We had such a good time that night and before I left he asked for my phone number so we exchanged cell phone numbers.

Today we have been together for a year and a half and I have never been happier. We are both in the Employment Training Program but we can't work together because it is work so we have our lunch together. Michael is an AMAZING BOYFRIEND he walks me to the bus stop and waits with me until my bus comes even though he take the bus the opposite direction and his foot hurts him sometimes. Michael is always taking care of me. He lets me borrow his suit jacket when my stomach hurts.

My brother, sisters and staff helped Michael and I out a lot. My Mom likes Michael and always gives him shirts and he came to my brother's wedding and partied with my whole family. It was so much fun. Everyday I call Michael in the morning when I wake up and I call him at night right before I go to sleep.

One day Michael and I want to live in our own apartment by ourselves and get married.

Written By: Nancy Lalli



Right's Group Update: June 2013

1. We hired a new Helper.
2. Three of us went to Queens Park to advocate for people with disabilities. We talked to Members of Parliament (M.P.P.'s) about our concerns.
3. A Vita board member came to visit our group. His name is Lorne.
4. Two members went to the Toronto District School Board. We had a booth at their information fair to talk to people about the Rights Group and what we do.
5. We got Rights Group business cards!



My Tower of Blocks

I like making a really big tower. If my tower falls I fix it. I just build them really high. My friends say “ooooh !”

Jason Soroka – Vaughan North Day Program





The sun and penguins are symbols representing the camp.

The food is to show snack time, pizza day, BBQ day.

The music symbol is about music time.

The rabbit is about the magic show.

The truck is about the visit from the fireman.

The shirt is about the time we decorated our own shirts.

The art stuff is about arts and crafts day

The cross is about religion and Christianity

By: Courtney Burns

Message from Kim



This month I wish to offer a big “Thank You” to Vita’s members!

You are making us famous.

Vita’s commitment to self advocacy is becoming well known because so many of you do incredible things.

We had Andrew Kestenbaum speak about Emergency Room services at Sunnybrook hospital. Sean Simone and Kevin John Head went to the ODSP “lobby day” at Queen’s Park.

I am really proud that our members are being heard.

Congratulations to all – keep up the good work.

Kim Lenehan

A Healthy Summer



| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| H | E | A | L | T | H | Y | W | A | T | E | R | J | Y |
| F | E | U | L | N | V | S | R | Z | C | G | N | M | C |
| F | H | N | G | Z | P | B | I | K | I | N | G | V | C |
| B | E | A | N | S | V | R | K | N | F | M | E | E | S |
| M | S | Q | M | M | Q | K | H | S | J | I | Y | G | N |
| D | A | N | C | I | N | G | F | O | C | E | A | E | Q |
| Y | H | O | Q | I | T | Y | W | Z | O | D | S | T | L |
| L | K | N | N | T | I | Y | F | B | B | P | E | A | L |
| P | R | F | E | X | Y | M | R | V | J | U | E | B | D |
| D | U | J | O | B | Y | P | U | V | F | D | X | L | A |
| W | A | L | K | I | N | G | I | D | U | S | V | E | Q |
| J | O | B | N | E | J | L | T | O | T | D | H | S | T |
| F | L | X | Q | K | W | B | S | B | L | J | Q | L | R |
| S | W | I | M | M | I | N | G | C | S | E | W | Q | O |

DANCING

FRUITS

BEANS

BIKING

HEALTHY

SWIMMING

VEGETABLES

WALKING

WATER

