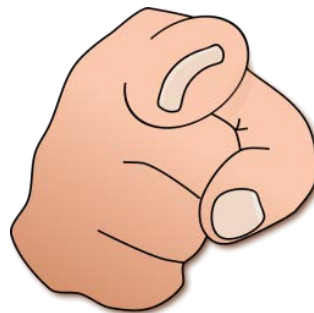


LEARNING YOU



September to December 2015

**Classes run out of the training room 340 Falstaff Avenue Unit
#103 416 645-0344**

**For more information/registration please contact Ann LeBlanc
at 416 749-6234 ext. 216 or email aleblanc@vitacls.org.**

LEARNING YOU AT VITA

September - December 2015

COURSE

DATE

TIME

PRICE



Julio 2015						
Lunes	Martes	Miércoles	Jueves	Viernes	Sabado	Domingo
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



<p>RELATIONSHIP TRAINING</p> 	<p>MONDAYS 8 WEEKS</p> <p>Stayed tuned the date will come out soon</p>	<p>1:00PM – 3:00PM</p>	<p>Registration Fee \$160.00</p> <p>\$2.00 at the door each week</p>
<p>BOUNDARIES TRAINING</p> 	<p>FRIDAYS 8 WEEKS</p> <p>October 9 – November 27, 2015</p> <p>Casa Training Room</p>	<p>10:00AM – 12:00PM</p>	<p>Registration Fee \$160.00</p> <p>\$2.00 at the door each week</p>
<p>SELF ESTEEM TRAINING</p> <p>I ♥ ME</p>	<p>WEDNESDAYS 8 WEEKS</p> <p>September 16 – November 4, 2015</p> <p>Casa Training Room</p>	<p>10:00AM – 12:00PM</p>	<p>Registration Fee \$160.00</p> <p>\$2.00 at the door each week</p>
<p>INTERNET AND SOCIAL MEDIA FUN AND SAFETY</p> 	<p>1 DAY EVENT</p> <p>MONDAY October 5, 2015</p> <p>Casa Training Room</p>	<p>10:00AM – 1:00PM</p>	<p>Registration Fee \$30.00</p> <p>\$2.00 at the door each week</p>
<p>KEEPING YOUR COOL DEALING WITH ANGER</p> 	<p>WEDNESDAYS 8 WEEKS</p> <p>September 16 – November 4, 2015</p> <p>Casa Training Room</p>	<p>1:00PM - 3:00PM</p>	<p>Registration Fee \$160.00</p> <p>\$2.00 at the door each week</p>

COURSE

DATE

TIME

PRICE



Julio 2015						
Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
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<p>SCRAPBOOKING</p> 	<p>FRIDAYS 4 WEEKS October 2 – 23, 2015</p> <p>Casa Day Program Art Therapy Room</p>	<p>10:00AM-11:30AM</p>	<p>Registration Fee \$80.00</p> <p>\$10.00 Album cost or Bring your own Album</p>
<p>CUPCAKE MAGIC</p> 	<p>2 CONSECUTIVE DAYS Thursday October 8 and Friday October 9, 2015</p> <p>Casa Kitchen</p>	<p>10:00AM – 2:00PM</p>	<p>Registration Fee \$110.00</p> <p>\$2.00 at the door each week</p>
<p>CAKE MAGIC</p> 	<p>2 CONSECUTIVE DAYS Thursday September 24 and Friday September 25, 2015</p> <p>Casa Kitchen</p>	<p>10:00AM – 2:00PM</p>	<p>Registration Fee \$110.00</p> <p>\$2.00 at the door each week</p>
<p>INTERNET AND SOCIAL MEDIA FUN AND SAFETY</p> 	<p>1 DAY EVENT TUESDAY November 10, 2015</p> <p>Casa Training Room</p>	<p>10:00AM – 1:00PM</p>	<p>Registration Fee \$30.00</p> <p>\$2.00 at the door each week</p>
<p>PUBLIC SPEAKING</p>  <p>BEFORE AFTER</p>	<p>THURSDAYS 6 WEEK PROGRAM</p> <p>October 15 – November 19, 2015</p>	<p>10:00AM – 12:00PM</p>	<p>Registration Fee \$120.00</p> <p>\$2.00 at the door each week</p>

COURSE

DATE

TIME

PRICE



Julio 2015						
Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
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<p>SAFE FOOD HANDLING</p> <p>Bacteria are hitchhikers.</p> 	<p>TUESDAYS 2 WEEK PROGRAM</p> <p>October 27 and November 3 Casa Training Room</p>	<p>10:00AM – 12:00PM</p>	<p>Registration Fee \$80.00</p> <p>\$2.00 at the door each week</p>
<p>BULLYING PREVENTION</p> 	<p>MONDAYS 4 WEEK PROGRAM</p> <p>October 26 – November 16, 2015 Casa Training Room</p>	<p>10:00AM – 12:00PM</p>	<p>Registration Fee \$80.00</p> <p>\$2.00 at the door each week</p>
<p>“Out of the Box” Drama</p> 	<p>MONDAYS 10 WEEK PROGRAM</p> <p>September 21 – November 30, 2015</p>	<p>10:00AM – 12:00PM</p>	<p>Registration Fee \$200.00</p> <p>\$2.00 at the door</p>
<p>Nutrition</p> 	<p>WEDNESDAY 3 WEEK PROGRAM</p> <p>November 11 – 25, 2015</p>	<p>10:00AM – 12:00PM</p>	<p>Registration Fee \$60.00</p> <p>\$2.00 at the door</p>

More On Next Page...



Drop In Options

FRIENDSHIP ZONE	FRIDAYS	1:00PM – 3:00PM	Registration
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	<p align="center">ONGOING (DROP-IN PROGRAM) Casa Day Program</p> <p>Program starts September 15 but will break at the end of November and resume with January Schedule</p>		<p align="center">Needed before starting</p> <p align="center">\$5.00 snack and activity fee at the door each week</p>
<p align="center">ARTS</p> 	<p align="center">TUESDAYS ONGOING (DROP IN PROGRAM) Casa Day Program</p> <p>Program will break at the end of November and resume with January Schedule</p>	<p align="center">10:00am – 12:00am</p>	<p align="center">Registration Needed before starting</p> <p align="center">\$5.00 supply cost at the door each week</p>
<p align="center">SENSIBILITIES</p> 	<p align="center">TUESDAYS ONGOING (DROP IN PROGRAM) Casa Day Program</p> <p>Program starts September 15 but will break at the end of November and resume with January Schedule</p>	<p align="center">1:00PM 3:00PM</p>	<p align="center">Registration Needed before starting</p> <p align="center">\$5.00 at the door each week</p>

Sign Up On Next Page...



SIGN UP FORM

Your Name:

Address:

City: Province: Postal Code

Learners Telephone number: Email address:
I

Contact person number: Email address:

Workshop Name	Session Starts	Session Ends	Time	Location	Total

Please tell us:

1. What is your reason for attending this workshop(s)

(a) Learn something new (b) To meet new people

2. Do you need your support staff to be in the class (circle one) yes No

3. Do you have any special request that will make your learning more successful:

4. Are there other workshops /trainings you would like to attend that we do not offer? If yes, please tell us what they are? We would like learn.

5. Have you attended any of our workshops before? If yes which one(s)

Payment made by (circle one) cash credit card cheque

Signature of learner _____ Date: _____

FACTS ABOUT LEARNING YOU

Learning tailored to YOU.

- 1. Vita has been operating programs for people with intellectual disabilities since 1986, 29 years! We have learned from the people we help and have listened to what they tell us is needed to make life better.**
- 2. We understand that sometimes people learn in different ways and so we can talk with you about learning that is not in a group.**

Group Learner Requests

- 1. We are open to coming to your organization to train and happy to work on a plan for that.**
- 2. Group learning for full sessions (10 people or less) costs \$900.00 and refresher group learning (10 people or less) is \$700.00.**

Payment

- 1. A receipt can be provided to the learner for in class payments of the Toonie (\$2.00) or \$5.00**
- 2. All other payments must be made to our head office directly for inquiries please contact Support Services phone line 216 or 233.**
- 3. We will issue you receipts to your mailing address.**
- 4. We can provide an invoice if one is asked for.**
- 5. You must pay for the class before you start.**

More Learning

- 1. Abuse Prevention and Keeping Your Cool refresher courses are available if you have taken the full session before.**